SIZING GUIDE

BRACELETS

▶ PRINTING INSTRUCTIONS

In order to attain an accurate result, you will need to go to your 'printing option' before printing and ensure that the 'page scaling' option is set to 'none' in the print dialogue box.

Print this page on a 'full letter' (8 1/2 x 11 inches) size page.

To ensure the Wrist Measure has been printed correctly, use a ruler and measure the sample below. It should measure exactly 2cm.

0 cm   1   2

▶ HOW TO USE THE WRIST MEASURE

I.   Once printed, cut out the paper Wrist Measure.

II.   Making sure that the numbers are on the outside of the paper Wrist Measure, insert the pointed end through the opening you have cut at the other end of of the Wrist Measure, indicated by [CUT HERE].
Place your hand through the wrist sizer and gently pull the pointed end through the Wrist Measure and pull.

III.   The Number that lines up with the edges of the opening is the size of the wrist.

IV.   You can also use a tape measure to measure your wrist size.

V.   You can also use a piece of string/ribbon/cord. Wrap it around your wrist and measure the length against a ruler.

NOTE: The GC Wrist Measure is an indicative guide only and therefore may not be an exact measure. We advise using two methods of measure to ensure accuracy.

cm
23
22
21
20
19
18
17
16
15
14
13
12

WRIST
MEASURE

✂

CUT HERE